

Exhibit E

**Indemnification/Hold Harmless Waiver Page 2 of 2
Herb Reeves-Olytrailrunners**

I, THE UNDERSIGNED, ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM RELEASING THE STATE OF WASHINGTON TO INCLUDE THE DEPARTMENT OF NATURAL RESOURCES, ITS OFFICERS, EMPLOYEES, AGENTS AND CONTRACTORS (“RELEASEES”) FROM LIABILITY. THIS RELEASE IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE READ IT CAREFULLY BEFORE SIGNING.

In consideration of my being allowed to participate in the Scary Ass 25K / 9 mile and 25km Trail Run within Capitol State Forest I freely agree that: Running, walking, or hiking can be dangerous and pose a risk of injury or even death. I fully assume the risks associated with my participation in this event including but not limited to: hazards from improper technique, accidents or illness in remote locations without medical facilities, actions of other participants, equipment failure, inadequate safety measures, **THE RELEASEES’ OWN NEGLIGENCE**, weather conditions, and the risk of any personal or bodily injury, disability or death. For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest, **I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND PROMISE TO INDEMNIFY AND NOT TO SUE** the Releases from any and all claims of any kind and character, including claims arising from the Releases’ own negligence, and from any and all damages directly or indirectly arising out of or incident to my participation the Capitol Peak 50 mile and 25km Ultra-marathon event on multi-use trails within Capitol State Forest or transit to and from the area. A “claim” as used in this contract means any financial loss, claim, suit, action, damage, cost, demand or expense, including but not limited to attorneys’ fees, attributable to bodily injury, disability, sickness, disease, or death, or injury to or destruction of tangible property including loss of use resulting there from. Should I or my successors assert a claim in breach of this agreement, the asserting party shall be liable for the expenses (including legal fees) incurred by each Releases in its defense, unless the Releases is finally adjudged liable on such claim for willful or wanton negligence. If any term or provision of this agreement is found to be invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

PARENT OR GUARDIAN WAIVER FOR MINORS (UNDER 18 YEARS OLD)

The undersigned parent and natural guardian or legal guardian does hereby represent he/she is, in fact, acting in such capacity and agrees to save, hold harmless, and indemnify each and all of the Releases referred to above from all liability, loss, cost claim or damage whatsoever which may be imposed upon said Releases because of any defect in or lack of such capacity to so act and release such Releases on behalf of the minor and the parents or legal guardian.

I UNDERSTAND and AGREE to the terms set forth above for my participation in the Capitol Peak Scary Ass 25K / 9 mile and 25km Trail Run event on multi-use trails within Capitol State Forest.

1) a) MINOR: _____
PRINT FULL NAME **SIGNATURE** **DATE**

b) PARENT/GUARDIAN: _____